

Two Nuveen Closed-End Funds Declare Distributions

NEW YORK, December 15, 2023 – Two Nuveen closed-end funds have declared additional cash distributions with the record, ex-dividend and payable date outlined below.

The following dates apply to today's distribution declarations for the following taxable closed-end funds:

Record Date December 27, 2023 Ex-Dividend Date December 26, 2023 Payable Date December 29, 2023

		_	Taxable Per Share Distribution Amount		
			Ordinary	Short-Term	Long-Term
<u>Ticker</u>	Exchange	<u>Fund Name</u>	Income	Capital Gain	Capital Gain
NBB	NYSE	Nuveen Taxable Municipal Income Fund	-	\$0.4823	-
JLS	NYSE	Nuveen Mortgage and Income Fund	\$0.0566	-	-

For more information, please visit Nuveen's CEF homepage www.nuveen.com/closed-end-funds or contact:

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About Nuveen

Nuveen, the investment manager of TIAA, offers a comprehensive range of outcome-focused investment solutions designed to secure the long-term financial goals of institutional and individual investors. Nuveen has \$1.1 trillion in assets under management as of 30 Sep 2023 and operations in 27 countries. Its investment specialists offer deep expertise across a comprehensive range of traditional and alternative investments through a wide array of vehicles and customized strategies. For more information, please visit www.nuveen.com.

Nuveen Securities, LLC, member FINRA and SIPC.

The information contained on the Nuveen website is not a part of this press release.

FORWARD LOOKING STATEMENTS

Certain statements made in this release are forward-looking statements. Actual future results or occurrences may differ significantly from those anticipated in any forward-looking statements due to numerous factors. These include, but are not limited to:

- market developments;
- legal and regulatory developments; and
- other additional risks and uncertainties.

Nuveen and the closed-end funds managed by Nuveen and its affiliates undertake no responsibility to update publicly or revise any forward-looking statement.

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