

CIO VIEWS: STRATEGY AND PORTFOLIO CONSTRUCTION

# U.S. equity allocations amid earnings and economic uncertainty

# **Bottom line up top**

Will one recession end as another begins? Whichever optimist came up with "When one door closes, another one opens" didn't have earnings and economic recessions in mind. But with third quarter earnings season underway, many investors hope earnings growth for S&P 500 companies will be back in positive territory after three consecutive quarters of decline. If that happens, the door will close on the earnings recession — and unlike in the old aphorism, this closed door is a good thing. As of 06 Oct, current blended earnings growth estimates for the S&P 500 are only modestly negative (-0.3%). The bad news is concentrated in the energy sector, which is still contending with base effects from strong earnings growth in 2022 (Figure 1).

The current U.S. earnings recession is one of the few that did not coincide with a recession in the broad economy. On the other hand, the U.S. has never experienced an economic recession that did not include at least two consecutive quarters of negative earnings growth. This relationship between earnings and economic recessions warrants caution, as our base case outlook still calls for the economy to contract, albeit mildly, sometime in 2024. This is another door opening, but in this case to an economic recession.

**Margins may hold the key to the door.** Although earnings have shown some improvement, and at the broad index level are largely in line with longer-term averages, deciding on specific equity allocations



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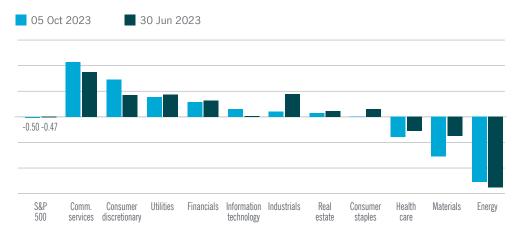
As Nuveen's CIO and leader of our Global Investment Committee, Saira drives market and investment insights, delivers client asset allocation views and brings together the firm's most senior investment leaders to deliver our best thinking and actionable investment ideas. In addition, she chairs Nuveen's Equities Investment Council and is a portfolio manager for several key investment strategies.

OPINION PIECE. PLEASE SEE IMPORTANT DISCLOSURES IN THE ENDNOTES.

isn't an open-and-shut case. But high-quality cash flows and defensible margins are a good place to start, as companies with these characteristics typically outperform during recessionary periods.

# FIGURE 1: EARNINGS GROWTH ESTIMATES VARY WIDELY ACROSS SECTORS

*S&P* 500 blended earnings growth estimates, third quarter 2023 (%)



Data source: FactSet, 05 Oct 2023. **Performance data shown represents past performance and does not predict or guarantee future results.**'Blended Earnings Growth Estimates' combine the actual results of companies that have reported 3Q23 earnings with current estimates of companies that have vet to report.

## Portfolio considerations

Thanks in large part to this year's U.S. equity market rally, the S&P 500 Index's price/earnings (P/E) multiple has expanded by 6.8% in 2023 through September (based on 12-month forward earnings). The S&P 500 returned 13.1% during this period, with earnings growth expectations up 4.1% (Figure 2). The resulting P/E ratio for the index is 17.9x earnings — in line with its 10-year average. While we have a neutral view on equities, our economic outlook calls for a slowdown over the coming quarters. With that in mind, and with corporate earnings season underway, we're especially mindful about where we want to allocate equity risk.

From a sector perspective, we're optimistic on information technology and health care. Tech stocks have strongly outperformed the broader market year-to-date, driven by the largest names. And their soaring share prices have been accompanied by a dramatic advantage in earnings before interest and taxes (EBIT). Within technology, we remain constructive on less-cyclical select software companies — specifically those whose revenue sources are tilted toward enterprises rather than retail consumers. Such companies tend to have resilient business models and inelastic demand.

Deciding on specific equity allocations isn't an open-and-shut case.

Health care is a defensive play with the potential to outperform if the economic slowdown that we expect materializes. The sector has seen its share of consumer spending expand, largely a function of higher outlays for Affordable Care Act (ACA) expenses (12% growth in 2022 and 35% growth over the past two years).

Our view on the energy sector is neutral. Energy has been in the news lately, with the daily spot price for West Texas crude oil surging 29% in the third quarter, approaching \$95/barrel in late September before settling slightly below \$91. But we believe further upside in oil prices is limited, and gasoline margins have peaked seasonally. On a positive note, corporate balance sheets have undergone massive repairs coming out of Covid, when equity market caps were 85% of the benchmark's enterprise value. With debt no longer a headwind, energy companies are engaging in share buybacks and paying both regular and special dividends. Upstream energy companies (those involved in exploration and production) will likely see positive earnings revisions, as the longer-dated oil curve moved meaningfully higher over the past few months.

We remain less optimistic on financials. Banks are facing regulatory pressures on capital liquidity, as well as increased competition for customer deposits. Tighter lending standards are also weighing on the banking industry, and net interest margins are under pressure.

# FIGURE 2: P/E MULTIPLE EXPANSION HAS BEEN DRIVEN BY PRICE RETURN, AS EARNINGS GROWTH HAVE SURPASSED EXPECTATIONS

S&P 500 Index price, P/E ratio and EPS (%)



Data source: Bloomberg L.P., 30 Sep 2023. Performance data shown represents past performance and does not predict or guarantee future results.

With our expectations of an economic slowdown over the coming quarters, we are mindful on where we are allocating equity risk.

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Regular meetings of the GIC lead to published outlooks that offer:

- macro and asset class views that gain consensus among our investors
- insights from thematic "deep dive" discussions by the GIC and guest experts (markets, risk, geopolitics, demographics, etc.)
- · guidance on how to turn our insights into action via regular commentary and communications

## For more information, please visit nuveen.com.

### **Endnotes**

#### Sources

All market and economic data from Bloomberg, FactSet and Morningstar.

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