

### Participant perspectives: retirement savings to retirement income In-plan and in-demand: fixed annuities

Nuveen and the TIAA Institute surveyed 2,100 401(k) participants to hear their thoughts about converting retirement savings to retirement income. The findings offer key insights for plan sponsors and advisors, including participants' enthusiasm for in-plan fixed annuities.

### Participants see the value of in-plan annuities ...

Do you think it would be valuable for 401(k) plans in general to include a fixed annuity?



41% Very valuable

51% Somewhat valuable

**94**<sup>%</sup>

of participants who were auto-enrolled in their plan think it would be valuable for 401(k) plans to include a fixed annuity



## ...and would use them to provide retirement income, if offered.

If your 401(k) plan included a fixed annuity, would you be interested in using it to provide yourself with pension-like retirement income that is guaranteed to last for life?

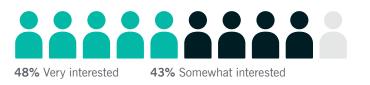




of those who expect their 401(k) to be a major source of retirement income would be interested in using a fixed annuity to provide retirement income if included in their plan

# They're also interested in using annuities to save for retirement.

If your 401(k) plan included a fixed annuity, would you be interested in saving some money in it to earn a guaranteed interest rate?





of participants with savings in a target date investment think it would be valuable for such investments to include a fixed annuity component that earns a guaranteed interest rate

#### About the survey

The survey questionnaire was developed by the TIAA Institute in consultation with Nuveen and was fielded by Greenwald Research. More than 2,100 401(k) participants were surveyed online between October 23 and November 29, 2024.

For more information and to see the full results of the survey, go to Nuveen.com/participant-perspectives.

### About the TIAA Institute

Since 1998, the TIAA Institute has helped advance the ways individuals and institutions plan for financial security and organizational effectiveness. The Institute conducts in-depth research, provides access to a network of thought leaders, and enables those it serves to anticipate trends, plan future strategies and maximize opportunities for success. To learn more, visit tiaainstitute.org.

#### About Nuveen

Nuveen, the investment manager of TIAA, offers a comprehensive range of outcome-focused investment solutions designed to secure the long-term financial goals of institutional and individual investors. Nuveen has \$1.3 trillion in assets under management as of December 2024 and operations in over 32 countries. Its investment specialists offer deep expertise across a comprehensive range of traditional and alternative investments through a wide array of vehicles and customized strategies. For more information, please visit nuveen.com/retirement.

#### Endnotes

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Any guarantees are backed by the claims-paying ability of the issuing company.

Pension-like income refers to the income received from a guaranteed-interest annuity contract, not income provided by a defined benefit pension plan.

Converting some or all of your savings to income benefits (referred to as "annuitization") is a permanent decision. Once income benefit payments have begun, you are unable to change to another option.

TIAA Institute is a division of Teachers Insurance and Annuity Association of America (TIAA), New York, NY. Nuveen, LLC provides investment solutions through its investment specialists.

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