

### Participant perspectives: Retirement savings to retirement income

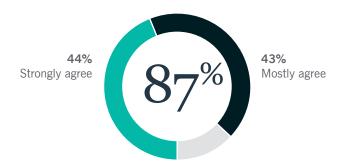
# Lifetime income: a shared responsibility

The TIAA Institute and Nuveen surveyed 401(k) participants to hear their thoughts about converting retirement savings to retirement income. Among the findings: participants generally believe that employers have a responsibility to help employees achieve retirement income security.

## Participants view retirement income security as a responsibility that employers share.

#### Agree or disagree?

Employers have a responsibility to help employees achieve an adequate and secure income throughout retirement.



This sentiment of shared responsibility is more common among younger generations.

Percent of participants who strongly agree

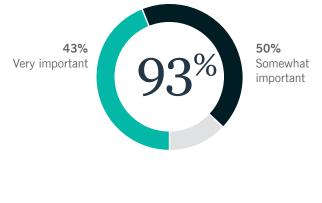
Generation Z	57%
Millennial generation	54%
Generation X	33%
Baby boom generation	29%

## Participants think plans should offer guaranteed lifetime income distribution options

This mindset of shared responsibility is reflected in participant views on plan design—they want a way within their plan to convert retirement savings into retirement income.

#### **Important?**

Do you think it's important for 401(k) plans to provide participants with a way to turn some of their savings into fixed monthly payments that are guaranteed to last for life, like income from a pension?



Note: Data points in all figures of this report are rounded, so they may not appear to add correctly in some instances.



## About the survey

The survey questionnaire was developed by the TIAA Institute in consultation with Nuveen and was fielded by Greenwald Research. More than 2,100 401(k) participants were surveyed online between October 23 and November 29, 2024.

For more information and to see the full results of the survey, go to Nuveen.com/partcipant-perspectives.

## About the TIAA Institute

Since 1998, the TIAA Institute has helped advance the ways individuals and institutions plan for financial security and organizational effectiveness. The Institute conducts in-depth research, provides access to a network of thought leaders, and enables those it serves to anticipate trends, plan future strategies and maximize opportunities for success. To learn more, visit tiaainstitute.org.

## About Nuveen

Nuveen, the investment manager of TIAA, offers a comprehensive range of outcome-focused investment solutions designed to secure the long-term financial goals of institutional and individual investors. Nuveen has \$1.3 trillion in assets under management as of December 2024 and operations in over 32 countries. Its investment specialists offer deep expertise across a comprehensive range of traditional and alternative investments through a wide array of vehicles and customized strategies. For more information, please visit nuveen.com/retirement.

#### Endnotes

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Any guarantees are backed by the claims-paying ability of the issuing company.

Pension-like income refers to the income received from a guaranteed-interest annuity contract, not income provided by a defined benefit pension plan.

Converting some or all of your savings to income benefits (referred to as "annuitization") is a permanent decision. Once income benefit payments have begun, you are unable to change to another option.

TIAA Institute is a division of Teachers Insurance and Annuity Association of America (TIAA), New York, NY. Nuveen, LLC provides investment solutions through its investment specialists.

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